

# Jean Rogers Speaker Bio

Jean Rogers is the director of the Children's Screen Time Action Network, a collaborative community of practitioners, educators, advocates and parents working to reduce excessive screen use in childhood. She is the author of *Kids Under Fire: Seven Simple Steps to Combat the Media Attack on Your Child*, the book that has helped countless parents empower their children to make healthy screen choices and become responsible consumers of screen media. Jean hosts the popular webinar series *Action Network Live!* and writes a blog for the weekly e-newsletter *News You Can Use*. Jean believes that digital wellness in childhood translates to healthy, responsible, successful adults. Jean speaks to the heart of an audience, acknowledging people's fears about children's screen time and walking them through practical, proven methods to keep it in check, while illuminating basic child development concepts as they apply to children's digital environments.